



## **Milton American Baseball Return to Play Safety Guidelines**

Milton American Baseball is using guidelines from the CDC, state and local authorities as well as Babe Ruth/Cal Ripken Baseball to set expectations for all baseball participants including players, coaches, parents and spectators.

### **General Guidelines**

- Any player, coach or spectator feeling ill or showing symptoms of COVID-19 must stay home
- All players should have face coverings
  - Players are required to wear face coverings when not playing if social distancing is not possible
- Non-players should wear face coverings at all times when social distancing is not possible
- Social distancing will be enforced and players will be at least 6 feet apart when in the bench area
  - Bench areas cannot be accessed by spectators/parents
  - Players may wish to bring towels/chairs to sit on when on the “bench”
- Players should use only their own equipment (bats, helmets, gloves, etc.)
- Candy, gum, sunflower seeds and general spitting is strictly prohibited
- Players should bring and use their own water bottles (please label with name) – no sharing
- Any shared equipment will be sanitized after use – i.e. catcher’s equipment
- Baseballs will be sanitized to the best of our ability
- Teams should only use their baseballs – do not share
- Hand sanitizers have been installed at the fields, players will be encouraged to use as appropriate; players are encouraged to bring their own sanitizer as well
- No high-fives, or other celebratory touching is permitted
- Handshakes will be replaced after the game with a tip of the cap from each baseline/dugout

### **Waivers**

- All players (Parent to sign) and coaches will be required to sign the Town of Milton and Babe Ruth waiver before participating. Individuals who do not sign the waivers will not be able to play/coach.